

Kvaltider JSM 2021 - 2022

Grenar	A-kvaltider									B-kvaltider					
	Damer			Herrar			Mix			Damer			Herrar		
	25m	50m	Yard	25m	50m	Yard	25m	50m		25m	50m	Yard	25m	50m	Yard
50m frisim	00:26,93	00:27,79	00:24,25	00:24,05	00:25,02	00:21,67				00:27,21	00:28,03	00:24,51	00:24,33	00:25,22	00:21,91
100m frisim	00:58,25	00:59,85	00:52,47	00:52,20	00:54,27	00:47,03				00:58,67	01:00,41	00:52,85	00:52,83	00:54,78	00:47,59
200m frisim	02:06,53	02:10,01	01:53,99	01:54,71	01:59,21	01:43,33				02:07,98	02:11,52	01:55,29	01:55,90	02:00,72	01:44,41
400m/500y frisim	04:29,35	04:37,13	05:07,82	04:07,71	04:16,30	04:43,09				04:31,98	04:40,17	05:10,82	04:11,55	04:20,91	04:47,47
800m/1000y frisim	09:21,18	09:36,93	10:41,33	08:42,66	09:02,64	09:57,32				09:26,69	09:44,98	10:47,65	08:53,08	09:11,91	10:09,24
1500m/1650y frisim	18:01,49	18:43,93	17:55,03	16:49,00	17:21,62	16:42,98				18:21,98	19:10,91	18:15,40	17:04,74	17:42,84	16:58,62
4x50m frisim	01:50,27	01:53,71		01:39,63	01:43,50										
4x100m frisim	04:02,16	04:10,07		03:35,81	03:46,04		03:48,99	03:58,06							
4x200m frisim	08:52,48	09:12,44		07:59,10	08:23,10										
50m bröstsim	00:33,53	00:34,41	00:30,20	00:30,04	00:31,17	00:27,05				00:33,91	00:34,81	00:30,55	00:30,50	00:31,64	00:27,48
100m bröstsim	01:12,40	01:15,07	01:05,22	01:05,56	01:08,80	00:59,06				01:13,37	01:16,26	01:06,09	01:06,39	01:09,54	00:59,81
200m bröstsim	02:38,23	02:44,68	02:22,54	02:24,28	02:31,56	02:09,98				02:39,70	02:46,66	02:23,87	02:27,36	02:34,33	02:12,76
50m ryggsim	00:30,36	00:31,66	00:27,35	00:27,61	00:29,12	00:24,87				00:30,69	00:32,05	00:27,64	00:27,93	00:29,52	00:25,15
100m ryggsim	01:05,03	01:08,16	00:58,58	00:59,00	01:02,43	00:53,15				01:05,76	01:08,97	00:59,24	00:59,90	01:03,32	00:53,96
200m ryggsim	02:22,17	02:28,52	02:08,08	02:10,36	02:17,39	01:57,43				02:23,64	02:30,41	02:09,39	02:12,05	02:19,50	01:58,96
50m fjärilsim	00:28,83	00:29,31	00:25,97	00:25,86	00:26,33	00:23,30				00:29,08	00:29,59	00:26,19	00:26,13	00:26,61	00:23,53
100m fjärilsim	01:04,22	01:05,80	00:57,86	00:57,36	00:58,61	00:51,67				01:04,83	01:06,68	00:58,40	00:57,98	00:59,44	00:52,23
200m fjärilsim	02:25,37	02:30,66	02:10,96	02:11,22	02:15,89	01:58,21				02:27,77	02:33,29	02:13,12	02:13,07	02:18,45	01:59,88
100m medley	01:06,54		00:59,94	00:59,66		00:53,74				01:07,25		01:00,59	01:00,51		00:54,50
200m medley	02:23,19	02:28,06	02:08,66	02:10,18	02:15,17	01:57,27				02:24,48	02:29,80	02:10,15	02:11,77	02:17,23	01:58,71
400m medley	05:06,32	05:18,25	04:35,96	04:42,28	04:55,48	04:14,30				05:09,70	05:23,04	04:39,00	04:47,69	05:01,37	04:19,18
4x50m medley	02:00,53	02:04,04		01:48,38	01:52,45										
4x100m medley	04:25,83	04:36,54		03:59,52	04:12,28		04:12,68	04:24,41							