- Välj denna Age group.
- Vid par/trio välj women duet

# COACH CARD

| | | | | | |
|---|---|---|---|---|---|
| **Club:** | Välj förening | | **Prelim:** | **Final:** X | |
| **Competition:** | Namn på tävling | | **Theme:** | | |
| **Age group:** | 12 and under | Acrobatic safety limits on (Y/N)?: Y | | | |
| **Event:** | Open Team Free | | | | |
| **Name of Competitor(s):** | namn på deltagare | | | | |

| | Trans. | T.R.E. | TeamAcro | Hybrid | H.Thrust | H.Solo | H.Duet | H.Team 4 | ChoHy | H.Cadence | Conn.M |
|---|---|---|---|---|---|---|---|---|---|---|---|
| Elements to use | | | 3 | 4 | | | | | | | |
| Used elements | 8 | | 3 | 4 | | | | | | | |

| Hybrid families minimum- check | | | | | |
|---|---|---|---|---|---|
| T | S | R | F | A | C |
| OK | OK | OK | OK | OK | OK |

**Total time:** 03 00

**ELEMENTS IN ORDER OF PERFORMANCE**

(Green) = A value has to be inserted (Gray) = No entry in this cell (Red) = Something is wrong - check rules

| Time start Min | Time start Sec | Time end Min | Time end Sec | Last (X) | Part | Element number | Base Mark or No DD | DECLARED DIFFICULTY |
|---|---|---|---|---|---|---|---|---|
| 00 | 00 | 00 | 05 | | Transition | | No DD | |
| 00 | 06 | 00 | 19 | | Acrobatic Airborn | 1 | BM = 0,5 | |
| 00 | 20 | 00 | 28 | | Transition | | No DD | |
| 00 | 29 | 00 | 38 | | Hybrid - Free | 2 | BM = 0,5 | A1c 0,100 SB 0,150 |
| 00 | 39 | 00 | 52 | | Transition | | No DD | |
| 00 | 53 | 00 | 57 | | Hybrid - Free | 3 | BM = 0,5 | T3a 0,650 |
| 00 | 58 | 01 | 02 | | Transition | | No DD | |
| 01 | 03 | 01 | 07 | | Acrobatic Balance | 4 | BM = 0,5 | |
| 01 | 08 | 01 | 25 | | Transition | | No DD | |
| 01 | 26 | 01 | 34 | | Hybrid - Free | 5 | BM = 0,5 | RB 0,100 |
| 01 | 35 | 01 | 44 | | Transition | | No DD | |
| 01 | 45 | 01 | 50 | | Hybrid - Free | 6 | BM = 0,5 | F1a 0,100 CB 0,100 |
| 01 | 51 | 02 | 04 | | Transition | | No DD | |
| 02 | 05 | 02 | 11 | | Acrobatic Airborn | 7 | BM = 0,5 | |
| 02 | 12 | 03 | 00 | x | Transition | | No DD | |

Tänk på att inga andra koder ska anges även om fler utförs.